

Choose Relationships Over Things

STAY IN THE
MOMENT

EMBRACE
IMPERFECTION

Establish a Routine

DON'T IMPRESS—BLESS

LIMIT TECHNOLOGY Extend Grace

INTENTIONAL LIVING

THANKFULLY ACCEPT HELP

Say No to GOOD Things So You Can Focus on the BEST

Practice the
80-20 Rule

Discard Clutter

SAVOR LIFE
TODAY

use little minutes

Put It Away Right Away

simplify REFRESH YOUR SPIRIT